

Online counselling for children and young people

Free. Confidential. Without taboo topics

Do you need help in a crisis? We are there for you when you need us. No matter when and on what **topic**. We offer you confidential and free counselling by professionals (psychologists and social pedagogues) around the clock.

Write us a message! We take care to protect your data and everything you tell us remains confidential.

Unfortunately, our website is not yet multilingual, but we are working on it. A short guide on how to write us a message can be found below. You can write your message in the following languages:

- German
- Russian
- Slovak
- English
- Ukrainian
- Polish

To use, log in at
www.junoma-beratung.de/Users/add



With a nickname of your choice (from 6 to 15 letters) and password (from 8 to 15 characters). Under "Passwort wiederholen" you enter your chosen password again and enter „Anderes Bundesland“ under "Woher kommst du?" (Where are you from). You still have to tick two boxes to accept the terms of use and data protection information. Then you can directly use the counselling on the platform "Einzelberatung" (Individual counselling) and describe your fears and worries under "Neue Nachricht" (New message). You will receive an answer after 48 hours at the latest.

Nickname*

The username is already taken, please choose another one.*

Password*

Password required*

Repeat password*

Gender (optional)**

Female Male Other Not specified

How old are you? (optional)**

Where are you from?*



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